



Physical Education

"I like PE because it is fun, gives us exercise and helps keep us fit. It also helps us understand sportsmanship and gives us a chance to get some fresh air."

Year 5 pupil

*We are all part of God's vine and are rooted in His rich soil.
We are nurtured and supported so that we may grow and spread out into the world
to love and to serve.*

CURRICULUM STATEMENT

Our intention is to enable all pupils at Goring Church of England Primary School to:

- engage with being physically active and living a healthy lifestyle now and in the future
- develop an eagerness to participate and demonstrate highly positive attitudes to skill acquisition and development, competitive situations and leading and organising within lessons
- learn and practise relevant and transferrable skills across a range of different sports and build on these skills each year. Activities include a range of invasion games, gymnastics and dance.

At Goring Church of England Primary School, the PE curriculum is taught through timetabled lessons across all key stages. During lessons pupils develop:

- a keen interest in PE and a willingness to participate eagerly in every lesson
- highly positive attitudes and the ability to make informed choices about engaging fully in extra curricular sport
- the ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being
- the ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE
- the ability to compete in sport and other activities and demonstrate values such as fairness and respect
- willingness to practice skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve exceptionally high levels of performance
- the ability to swim at least 25 metres before the end of year 6 and knowledge of how to remain safe in and around water
- a healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.

ENRICHMENT OPPORTUNITIES

At Goring C of E Primary School, competitive sport is encouraged at intra- and inter-school level. A number of competitions against other local schools are organised throughout the school year. Some of these include: cross-country running, athletics, tennis and cricket.

Every year, Year 5 pupils have the opportunity to take part in 'Bikeability'. This enables the pupils to gain practical skills and understanding how to cycle on today's roads.

Other enrichment opportunities are provided throughout the academic year by local secondary schools and sporting charities.

The school also runs a number of before- and after-school sports clubs that pupils can participate in. This includes a very popular running club run by parent volunteers.



CONTRIBUTING TO THE WIDER WORLD

We believe that it is essential that pupils learn the vital importance of exercise in promoting long-term health and wellbeing. Pupils at our school learn that, by maintaining a high level of physical fitness, having a healthy lifestyle and developing leadership and teamwork skills, they'll be able to contribute fully to the wider world in the future.



ASSESSMENT, MONITORING & MEASURING IMPACT

FEEDBACK

Pupils are given regular and meaningful verbal feedback during lessons, which enable them to improve their skills and techniques.

ASSESSMENT FOR LEARNING OPPORTUNITIES

Teachers make use of differentiated questioning, mini- and end-of-lesson plenaries to provide informal assessment opportunities to gauge individual and whole-class understanding.

DEEP DIVES

The PE co-ordinator completes regular deep dives. These provide an opportunity to observe lessons, talk to pupils, review planning and teaching and review strengths and areas for improvement across the school. After each deep dive, a report is written and shared with staff and governors. Any actions that are required are then implemented in a timely fashion.

