



PE Long Term Map 2022/2023

Class	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Greenfinch	Dance – Ourselves	Dance – Nursery Rhymes	Gymnastics	Gymnastics (large apparatus)	Parachute games	Multi-sports
	Hands – Ball skills	Feet – Ball skills	Throwing and catching	Attack and defence games	Athletics – running skills	Circuit training and sports day preparation
Owl	Dance	Gymnastics	Dance	Gymnastics	Health & Fitness	Multi-sports
	Skills – throwing and catching	Skills – aiming	Invasion games	Skipping	Skills – Bat and ball	Athletics and sports day preparation
Robin	Dance	Gymnastics	Dance	Gymnastics	Health & Fitness	Multi-sports
	Invasion games	Hockey	Football	OAA	Rounders	Athletics
Ibis	Netball	Hockey	Dance	Rounders/Kwik cricket	Invasion games	Athletics
	Gymnastics	Swimming	Swimming	Swimming	Swimming	OAA
Nightingale	Athletics	Gymnastics	Dance	Gymnastics	Health & Fitness	Athletics
	Hockey	Invasion games	Cricket (Chance to Shine)	OAA	Rounders	Multi-sports
Goldcrest Year 6 PE concentrates on achieving your personal best, teamwork and strategy skills.	Indoor ball games	Floor gymnastics	Dance	Equipment gymnastics	Health & Fitness/Quad kids	Multi-sports – tennis
	Outdoor invasion games and cross country	Outdoor/Indoor invasion games and cross country	Netball/Basket Ball	OAA/Football	Cricket/Rounders	Athletics

